# Subiaco Retreat House April 4-6, 2025

## Meet at St. Christopher Friday at 6pm (pizza dinner provided) Return approx 2pm on Sunday

\*We need parent drivers both Friday & Sunday – please let Suzy know if you can help either day.

All drivers must have completed Protecting God's Children.\*

#### What to bring:

- □ Snack or beverage (pop/juice/water) to share refrigeration is available
- □ Pillow with sleeping bag OR twin sheet and blanket (we sleep on bunk beds)
- □ Towel, toothbrush, toiletries, shower shoes (each room has a shower)
- <u>Casual clothes</u> jeans/athletic pants/t-shirts/hoodies (no tank tops, <u>leggings must have</u> <u>long shirt or dress</u> to cover your bottom)
- □ Church clothes something a little nicer for when we attend Mass Sunday morning
- □ Modest pajamas, slippers (we take our outdoor shoes/boots off at the door)
- Outdoor clothing (Dress for the weather) jacket, outdoor shoes/boots, hat/gloves
- ☐ An open mind and heart

#### **Optional (but encouraged):**

- □ Bible & journal
- □ Board games & cards (for free time)
- □ Football, volleyball, soccer ball, frisbee... (for outdoors if weather is nice or gym if it isn't)
- ☐ Musical instrument guitar, ukulele, banjo, etc
- □ Spending money for the Subiaco gift shop

### Please do not to bring:

- **⋊** Homework
- ★ Drugs, alcohol, tobacco
- Pettiness, drama, prejudices
- Electronics (see note below)

Use of electronics tends to separate and isolate people. The purpose of this retreat is to bring people together and time with God. Please leave your cell phone at home or in your bag, turned off during the retreat. Please leave other electronics at home. Think of the weekend as "unplugged." Parents are welcome to contact Suzy if they'd like to check in. Please respect your child's retreat time and do not communicate with them more than once per day unless it's an emergency.

If you have questions before the retreat, please contact Suzy email <a href="mailto:1000michiganave@gmail.com">1000michiganave@gmail.com</a>

Retreat chaperone: Suzy DeVeny, David Stevens & Other Youth Ministers from our area